

Shanelle Porter Simmons

You achieved what you set out to achieve.

Now what?

Shanelle Porter Simmons shows high-achieving audiences how to navigate the uncertain space between what they have achieved and what comes next. Drawing from her book *Try a New Path*, her *Start With What* philosophy, and the P.A.T.H. Method™, she helps them use what they already know and have built to make a deliberate move and create greater clarity through movement.



TWO MASTER'S DEGREES • RETIRED U.S. MARINE CORPS LIEUTENANT COLONEL • WORLD-RANKED ELITE ATHLETE

WHY THIS MESSAGE

After more than twenty years as a Marine Corps officer, Shanelle stood at Cape Manzano in Okinawa and admitted something she could no longer ignore: she wanted to be free.

From the outside, she had achieved more than she once imagined. She had been an NCAA champion, a world-ranked professional athlete, a military commander, an executive, and a leader in demanding environments. Each achievement came with a mission and a clear measure of success.

What she did not have was a clear answer for what should come next.

That experience became the foundation for *Try a New Path*, the *Start With What* philosophy, and the P.A.T.H. Method™. Shanelle now brings this message to accomplished individuals navigating the uncertain space between what they have achieved and what comes next.

20+ years of Marine Corps leadership • Two combat tours • Retired world-ranked athlete • SHRM-CP • Two master's degrees • Author of *Try a New Path*

SIGNATURE PROGRAMS

● SIGNATURE KEYNOTE

The Cost of Competence: When Success Becomes a Cage

Shanelle examines how continued success can make it difficult for accomplished people to reconsider a role, identity, or definition of success that may no longer fit. Audiences learn to recognize what is holding them to the familiar and what prolonged postponement means consuming.

● SIGNATURE KEYNOTE

The Decision Before the Decision: How High Achievers Choose Their Next Move Deliberately

Shanelle helps audiences identify how expectation, obligation, fear, familiar identity, and previous definitions of success may shape a consequential decision before it is consciously made.

● FRAMEWORK KEYNOTE + WORKSHOP

The P.A.T.H. Method™: Building the Strategy for What Comes Next

Through Pause, Awaken, Train, and Honor the Call, participants examine what is influencing their choices, build the capacity required to move forward, and identify a deliberate next step without requiring a destination.

WHAT AUDIENCES LEAVE WITH

- Language for recognizing when achievement is no longer providing clear direction
- A way to examine what may be keeping them attached to the familiar
- A practical philosophy for beginning with what they already have and have built
- One deliberate next move capable of producing new energy and greater clarity

"Your achievement was not wasted. It may be the foundation for what comes next."

— Shanelle Porter Simmons

WHAT EVENT LEADERS SAY

"I have watched Shanelle live the principles she teaches. She brings discipline, courage, and authenticity to her work, and her presence invites others to rise with honesty and intention."

Dina Poma-Barnes | Colonel, U.S. Marine Corps Reserve

Bring the message of what comes next to your audience.

Keynotes • Workshops • Leadership Retreats • Executive Coaching

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